

Neighborhood Immersion for Compassion & Empathy

Reading and Resource List

This list provides supplemental information about key concepts presented in the simulation. See the [Companion Guide](#) for more detailed information about each concept.

Key Lessons:

Social Determinants of Health (SDoH)

Health People 2020: Community Health Assessment Tools and Strategies
healthypeople.gov/2020/tools-and-resources/program-planning/Assess

Healthy People 2020: Social Determinants of Health
healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health

Know What Affects Health: Social Determinants of Health
cdc.gov/socialdeterminants/index.htm

Place and Health

5-year American Community Survey Data
census.gov/data.html

500 Cities Study
cdc.gov/500cities/index.htm

Economic Redlining

The Fading American Dream: Trends in Absolute Income Mobility Since 1940
science.sciencemag.org/content/356/6336/398

The Legacy of Economic Redlining in Cuyahoga County, Ohio
kirwaninstitute.osu.edu/researchandstrategicinitiatives/legacy-of-redlining-in-cuyahoga-county/

The Legacy of Disadvantage: Multigenerational Neighborhood Effects on Cognitive Ability
ncbi.nlm.nih.gov/pmc/articles/PMC3286027/

Racial Discrimination and Redlining in Cities
doi.org/10.1006/juec.1999.2166

Toxic Stress

Protective and Damaging Effects Of Stress Mediators: Central Role Of The Brain
[doi: 10.31887/DCNS.2006.8.4/bmcewen](https://doi.org/10.31887/DCNS.2006.8.4/bmcewen)

Protective and Damaging Effects of Mediators of Stress: Elaborating and Testing the Concepts of Allostasis and Allostatic Load
nyaspubs.onlinelibrary.wiley.com/doi/abs/10.1111/j.1749-6632.1999.tb08103.x?sid=nlm%3Apubmed

Stress and the Individual: Mechanisms Leading to Disease
jamanetwork.com/journals/jamainternalmedicine/article-abstract/617820

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Digital Redlining

AT&T's Digital Redlining of Cleveland

connectyourcommunity.org/atts-digital-redlining-of-cleveland-report

Broadband's Impact: A Brief Literature Review

pcrd.purdue.edu/wp-content/uploads/2018/12/Broadbands-Impact-Final.pdf

Broadband and Student Performance Gaps

papers.ssrn.com/abstract=3614074

Digital Inequalities in Time of Pandemic: COVID-19 Exposure Risk Profiles as Taxonomies of Vulnerability

firstmonday.org/ojs/index.php/fm/article/view/10845/9563

Internet/Broadband Fact Sheet

pewresearch.org/internet/fact-sheet/internet-broadband/

Patient Portals and Broadband Internet Inequality

doi.org/10.1093/jamia/ocx020

Social Distancing, Internet Access and Inequality

dx.doi.org/10.2139/ssrn.3568255

Systemic Racism

How America's Structural Racism Helped Create the Black-White Wealth Gap

americanprogress.org/issues/race/reports/2018/02/21/447051/systematic-inequality/

Structural Racism and Health Inequities in the USA: Evidence and Interventions

[thelancet.com/journals/lancet/article/PIIS0140-6736\(17\)30569-X/fulltext](https://thelancet.com/journals/lancet/article/PIIS0140-6736(17)30569-X/fulltext)

Understanding How Discrimination Can Affect Health

doi.org/10.1111/1475-6773.13222

Strategies for Health Care Delivery:

Building Accurate Empathy

What is Clinical Empathy?

doi.org/10.1046/j.1525-1497.2003.21017.x

Why Empathy Has a Beneficial Impact on Others In Medicine: Unifying Theories

doi.org/10.3389/fnbeh.2014.00457

Engaging Multidisciplinary Teams

CDC Community Health Worker Toolkit

<https://www.cdc.gov/dhds/pubs/toolkits/chw-toolkit.htm>

A Framework for Educating Health Professionals to Address the Social Determinants of Health

<https://www.ncbi.nlm.nih.gov/books/NBK395983/>

Predictors and a Framework for Fostering Community Advocacy as a Community Health Worker Core Function to Eliminate Health Disparities

https://ajph.aphapublications.org/doi/10.2105/AJPH.2012.301108?url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&rfr_dat=cr_pub++0pubmed

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Motivational Interviewing

Implementing Motivational Interviewing in Primary Care: The Role of Provider Characteristics
<https://doi.org/10.1007/s13142-011-0080-9>

Motivational Interviewing Network of Trainers (MINT)
https://motivationalinterviewing.org/about_mint

Motivational Interviewing with Primary Care Populations: A Systematic Review and Meta-Analysis
<https://doi.org/10.1007/s10865-013-9527-4>

Screening and Referral for Social Needs

Accountable Health Communities Model
<https://innovation.cms.gov/innovation-models/ahcm>

Accountable Health Communities: Addressing Social Needs Through Medicare And Medicaid
<http://dx.doi.org/10.1056/NEJMp1512532>

Protocol for Responding to and Assessing Patients' Assets, Risks, and Experiences (PRAPARE) Screening Tool
<http://www.nachc.org/research-and-data/prapare/>

Substance Abuse and Mental Health Services Administration (SAMHSA): Screening, Brief Intervention and Referral to Treatment (SBIRT)
<https://www.samhsa.gov/sbirt>

Trauma-Informed Practice

American Academy of Pediatric Screening and Referral Toolkit for Adverse Childhood Events
<https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Clinical-Assessment-Tools.aspx>

Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults: The Adverse Childhood Experiences (ACE) Study
[https://www.ajpmonline.org/article/S0749-3797\(98\)00017-8/fulltext](https://www.ajpmonline.org/article/S0749-3797(98)00017-8/fulltext)

Implicit Bias

American Academy of Family Physicians Implicit Bias Training Guide
<https://www.aafp.org/news/practice-professional-issues/20200115implicitbias.html>

Implicit Bias in Healthcare Professionals: A Systematic Review
<https://doi.org/10.1186/s12910-017-0179-8>

Implicit Racial/Ethnic Bias Among Health Care Professionals and Its Influence on Health Care Outcomes: A Systematic Review
<https://doi.org/10.2105/AJPH.2015.302903>